

Depression in paroxysmal and persistent atrial fibrillation patients: a cross-sectional comparison of patients enrolled in two large clinical trials[†]

Alexander F. von Eisenhart Rothe¹, Andreas Goette^{2,3}, Paulus Kirchhof^{4,5},
Günter Breithardt⁶, Tobias Limbourg⁷, Melanie Calvert⁸, Jens Baumert¹, and
Karl-Heinz Ladwig^{1,9*}

¹Institute of Epidemiology II, Working Group Mental Health, Helmholtz Zentrum München, German Research Center for Environmental Health, Ingolstädter Landstr. 1, 85758 Neuherberg, Germany; ²Department of Cardiology and Intensive Care, St Vincenz Hospital Paderborn, 33098 Paderborn, Germany; ³Working Group Molecular Electrophysiology, University Hospital Magdeburg, Magdeburg, Germany; ⁴University of Birmingham Center for Cardiovascular Sciences, University of Birmingham, Birmingham B15 2TT, UK; ⁵Department of Cardiology and Angiology, Universitätsklinikum Münster, 85758 Münster, Germany; ⁶Department of Cardiovascular Medicine, Hospital of the University of Münster, Münster, Germany; ⁷Institut für Herzinfarktforschung Ludwigshafen, 67063 Ludwigshafen, Germany; ⁸School of Health and Population Sciences, University of Birmingham, Birmingham B15 2TT, UK; and ⁹Department of Psychosomatic Medicine and Psychotherapy, Klinikum rechts der Isar, Technische Universität München, 85758 Munich, Germany

Received 17 October 2013; accepted after revision 22 October 2013; online publish-ahead-of-print 18 December 2013

Aims

Despite its high clinical relevance, few studies have investigated depression in patients with atrial fibrillation (AF). We aimed to assess whether depressed mood was more common in persistent or paroxysmal AF patients in controlled models and report frequencies of major depressive disorder.

Methods and results

Cross-sectional data from two contemporary clinical trials were used to compare paroxysmal ($n = 310$) and persistent ($n = 392$) AF patients' depressed mood severity (measured by the Major Depression Inventory) with each trial including only one patient type. A four-category outcome of depressed mood severity was chosen as exposure variable. Ordinal logistic regression was applied to analyse the association of AF type with depressed mood in a crude model and a confounder control model. In the study sample, 8.4% were classified as having major depressive disorder [10.5% of persistent and 5.8% of paroxysmal patients; odds ratio (OR) = 1.89; 95% confidence interval (CI): 1.07–3.37], according to the diagnostic and statistical manual of mental disorders [(diagnostic and statistical manual of mental disorders (DSM-IV)] criteria. In both the age and sex adjusted crude model and in the confounder control model, the association of persistent AF with more severe depressed mood was significant (OR confounder controlled model = 1.44; 95% CI: 1.13–1.75, $P = 0.007$).

Conclusion

Persistent AF patients may suffer from more severe depressed mood than paroxysmal AF patients with similar symptom burden after controlling for relevant factors.

Keywords

Atrial fibrillation • Depression • Prevalence • Mental health

Introduction

Atrial fibrillation (AF) is the most common heart arrhythmia in adult populations¹ with serious implications including increased risk of stroke, heart failure, thromboembolic complications,^{1–3} severely impaired health related quality of life (HRQoL),^{4–6} and significant patient-related attributable costs.⁷ Although the relationships between measures of psychological distress and a myriad of heart conditions including heart failure and coronary

heart disease (CHD) have been thoroughly demonstrated,^{8,9} few studies have applied psychosomatic concepts to patients with AF so far.¹⁰ It has, however, been shown that AF patients have higher rates of depression than healthy controls.^{11,12} Evidence suggests that depression is a relevant factor in AF research both as a risk factor for negative health outcomes in AF patients,¹³ as a relevant outcome of its own¹² and as a mediator of HRQoL,^{14,15} which has become an important factor when considering treatment options.^{14,16–19}

[†]Data from the German Competence Network on Atrial Fibrillation.

* Corresponding author. Tel: +49 89 3187 3623; fax: +49 89 3187 3667, Email: ladwig@helmholtz-muenchen.de.

Published on behalf of the European Society of Cardiology. All rights reserved. © The Author 2013. For permissions please email: journals.permissions@oup.com.

What's new?

- Persistent atrial fibrillation (AF) patients are more likely to suffer from more severe depressed mood states than paroxysmal AF patients.
- The frequency of a major depressive disorder in AF patients, as measured by a valid instrument for its diagnosis, is considerably larger than frequencies reported in population-based studies.

Few studies have found notable differences between patterns or types of AF. While some studies have found no significant differences in HRQoL between persons with different AF types,^{20–22} one study found that patients with longstanding persistent AF exhibit worse baseline HRQoL than patients with paroxysmal AF, and higher HRQoL improvement after ablation.²³ Dorian *et al.*²⁴ found that Severity of Atrial Fibrillation class and subjective AF severity are positively associated, and more acutely so in persistent and permanent AF patients in comparison with paroxysmal patients. On the contrary, literature suggests that paroxysmal AF patients are more symptomatic.²⁵ To our knowledge there is only one study so far which makes a direct comparison between paroxysmal, persistent, and permanent AF patients, showing no differences.¹² The few studies analysing depression use mostly heterogeneous instruments to measure depression and analyse small populations.^{10,12–14,26,27}

Here, we report the difference of depressed mood severity in patients with persistent vs. paroxysmal AF, obtained by an individual data level combined analysis of the datasets of two recent controlled clinical trials conducted by the German Competence NETwork on Atrial Fibrillation (AFNET).¹⁶

First, we aimed to assess whether depressed mood was more common in persistent or paroxysmal AF patients in controlled models. In addition, we aimed to identify cases of major depressive disorder (MDD) in the AF patient population and to compare these to frequencies shown in population-based studies.

Methods

Setting

The AFNET recruits AF patients from across Germany from medical wards, outpatient clinics, and via office-based physicians (internists and general practitioners) for a nationwide patient register, which, to date, has included more than 10 000 patients, with the aim of creating a representative sample of AF patients in Germany.¹⁶

We pooled the individual, patient-level baseline data of two large, recent controlled AF trials, the *Angiotensin II-Antagonist in Paroxysmal Atrial Fibrillation Trial* (ANTIPAF) (NCT 00098137)^{28,29} and patients from the *Targeted Pharmacological Reversal of Electrical Remodelling after Cardioversion Trial* (Flec-SL) (NCT 00215774).^{30,31} Both trials were conducted within the German AFNET, thereby supporting similar enrolment patterns, overlap of enrolling centres (43 centres, see Supplementary material online, *Appendices*) and identical procedures and questionnaires. Patients were recruited from medical wards, outpatient clinics, and via office-based physicians (internists and general practitioners). Informed consent was obtained from all patients and the study protocols conformed to the ethical guidelines of the 1975 Declaration of Helsinki.

Baseline data in the present study were collected from 2005 to 2009 for Flec-SL and from 2005 to 2008 for ANTIPAF. Patient management remained at the discretion of local physicians.

Baseline data on paroxysmal AF patients were taken from the ANTIPAF trial.^{28,29} In ANTIPAF, patients were eligible for inclusion if they were aged 18 years or older and had a confirmed diagnosis of AF [via electrocardiogram (ECG) or Holter ECG recording ≤ 1 year old, with documented AF: an episode of AF in any ECG recording lasting longer than 30 s] and documented paroxysmal AF (defined as: the ECG recordings within five consecutive days after initial detection of AF show both documented AF and sinus rhythm).

Patients with persistent AF were obtained from the Flec-SL trial database.³⁰ In Flec-SL, the inclusion/exclusion criteria were similar to those described above for the ANTIPAF patients. 'In Flec-SL the mean duration of AF prior to enrolment was 28 months. In all patients, persistent AF was documented by at least one ECG at enrolment and one 24 h Holter ECG showing continuous AF prior to enrolment. Details of the study protocol and results have been published.^{30,31} All Holter ECGs were centrally adjudicated by an independent committee who were masked to treatment allocation'.

Both studies exclude severe concomitant cardiovascular diseases, thus reducing potential confounding a priori and increasing the comparability of the two clinical studies. The inclusion and exclusion criteria are summarized in Appendix C.

Study population

The total study population consisted of 770 AF patients for whom HRQoL and clinical data were available (*Figure 1*). A total of 68 patients with missing values in the Major Depression Inventory (MDI) were excluded. Excluded patients with missing values in the MDI were more likely over 65 years of age, female, and more likely to have hyperlipidaemia than patients with no missing values.

The remaining 702 patients formed the study sample for which descriptive data are provided, and from which criteria for inclusion in the regression models were evaluated.

Outcome: depression

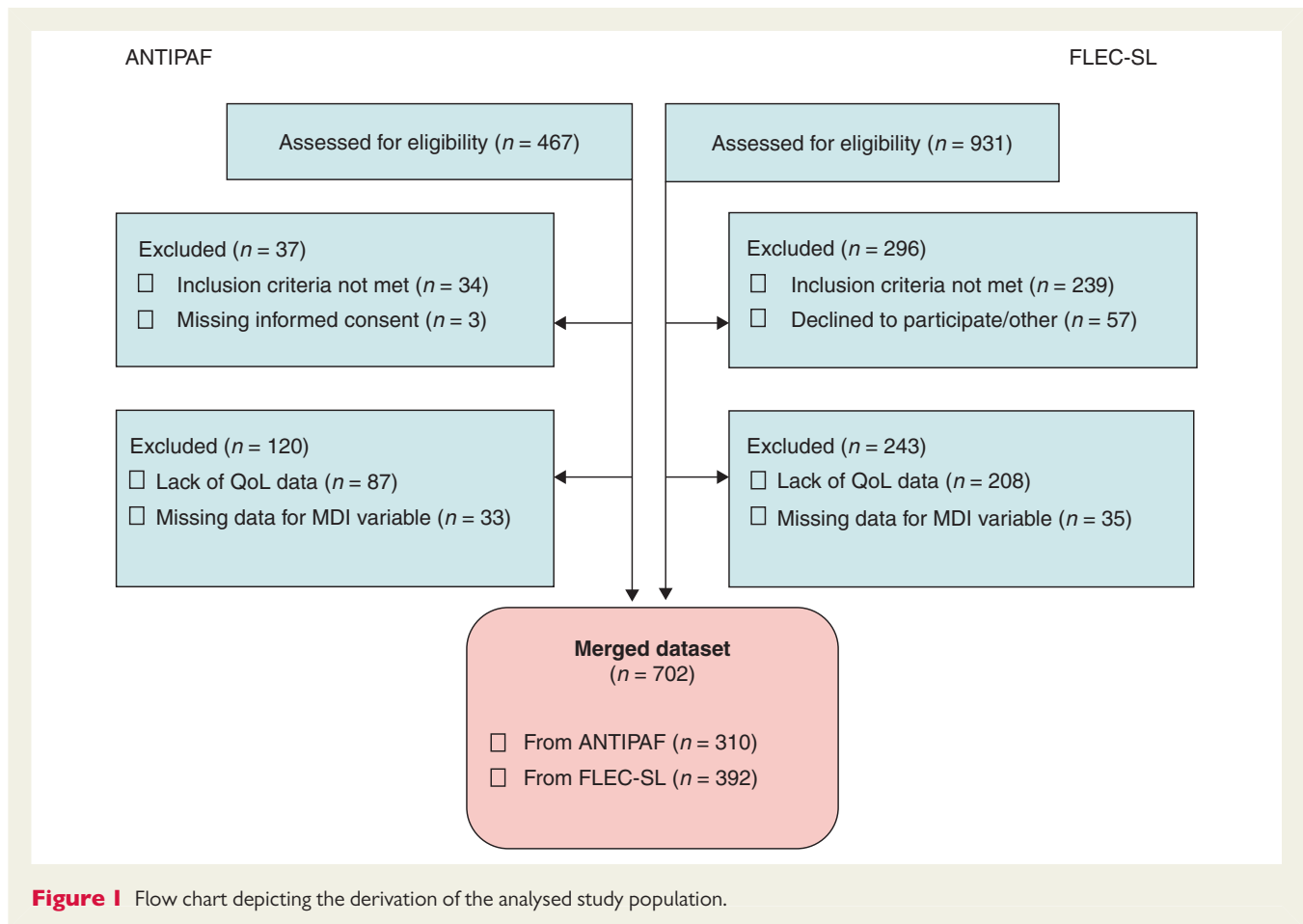
Depression was measured by the validated and widely used MDI scale^{32–35} consisting of 10 items rated on a 6-point Likert scale.

First, the MDI scale may be applied as a rating scale.³⁴ The rating scale algorithm produces a sum score ranging from 0 to 50. Patients are considered to have mild depressed mood if they have a score of 20–24, moderate depressed mood with a score of 25–29, and severe depressed mood with a score of 30 or more.³⁴

Secondly, the MDI scale may be applied to diagnose MDD according to the diagnostic and statistical manual of mental disorders (DSM-IV).³⁵ For this purpose an algorithm is used whereby the 10 items are summarized into 9 symptoms. Patients who have at least five symptoms, of which at least one must be a 'core' symptom, are diagnosed with MDD.³⁵

Exposure: atrial fibrillation type

The principal inclusion criteria in ANTIPAF and Flec-SL called for an assessment of the type of AF. ANTIPAF required that the investigator classified AF as paroxysmal, while Flec-SL enrolled only patients which were classified as persistent AF by the investigator. The type of AF was verified in the two trials by the following ECG definitions, in line with outcome definitions;^{36,37} *Paroxysmal AF*: ECG recordings within seven consecutive days after initial detection of AF show both documented AF and sinus rhythm. *Persistent AF*: continuous AF in all ECGs recorded during the current episode and continuous AF in a Holter recording recorded prior to cardioversion.



Covariates

The following sociodemographic variables were analysed in this study: age, sex, and employment status (unemployed = students, housewives, unemployed; employed = full time, part time, and other). The clinical factors which were analysed in this study included: diabetes, dilated left atrium (LA), family risk for CHD, hyperlipidaemia, smoking (index = current smokers), physical inactivity (index = respondents who exercise less than three times a week), high alcohol consumption (index = regular to excessive users), obesity (index = body mass index ≥ 30), AF-related symptom burden (as measured by the Atrial Fibrillation Symptom Checklist),^{38,39} New York Heart Association (NYHA) state (dichotomous with index = NYHA states 2–4), and hypertension. In addition, data on the following comorbidities were ascertained and included: valve disease, cancer, thromboembolic complications (including: stroke, transitory ischaemic attack, peripheral/pulmonary emboli), chronic obstructive pulmonary disease (COPD), syncope, CHD, and finally, whether patients received an electrical cardioversion (ECV) and/or pharmaceutical cardioversion in the last 12 months.

Statistical analyses

For descriptive analyses, regarding associations of variables with AF type and depressed mood, differences of continuous variables were assessed by the *t*-test; in case of ordinal variables, the Mann–Whitney *U* test was applied. The significance of associations between categorical variables was derived from the χ^2 test.

For multivariate analyses, ordinal regression models with a cumulative logit link function and multinomial distribution function were applied to assess the association between the exposure AF type and the outcome depressed mood, which was classified in four categories. Besides a crude model, a confounder control model was estimated with confounder selection based on the change-in-estimate (CIE) approach following Maldonado *et al.*⁴⁰ As CIE criterion, we chose first the common 10% CIE criterion following Maldonado *et al.* (selection method 1). Secondly, a backward selection approach using CIE criterion was applied (selection method 2), whereby variables whose exclusion resulted in a CIE $> 10\%$ were selected. All regression models satisfied the proportional odds assumption ($P > 0.34$). The odds are cumulated over the lower ordered values. Thus, the calculated odds ratios (ORs) represent the change in likelihood of suffering from a more severe depressed mood state for persistent vs. paroxysmal AF patients.

All statistical analyses were run in SAS (Version 9.2, SAS-Institute Inc.). The significance level α was set at 0.05. The analysis and the description in this paper follow the STROBE guidelines for cross-sectional studies.^{41,42}

Results

Description of study population

The study population consisted of 702 patients (*Figure 1*), of whom 392 (55.8%) patients had persistent AF and 310 (44.2%) had paroxysmal AF. *Table 1* shows sociodemographic variables, clinical factors, and comorbidities stratified by persistent and paroxysmal patients.

Table 1 Sociodemographic and clinical characteristics of the AF study population, stratified by AF type (paroxysmal and persistent AF) (N = 702)

	Missing	Persistent n (%)	Paroxysmal n (%)	
All	0	392 (55.8)	310 (44.2)	
Sex (female)	0	116 (29.6)	122 (39.4)	0.007
Age (median, interquartile range)	0	63.05 (14)	65.26 (12.9)	0.076
Unemployed	19	16 (4.2)	8 (2.6)	0.262
Clinical factors				
AF symptom severity (median, interquartile range)	257	21 (10)	21 (12)	0.774
Diabetes	0	41 (10.5)	23 (7.4)	0.165
LA dilated	17	136 (34.7)	109 (37.2)	0.499
Family CHD risk	128	65 (20.2)	77 (30.6)	0.004
Hyperlipidaemia	36	119 (32.6)	95 (31.6)	0.775
High alcohol consumption	0	229 (73.9)	294 (75)	0.733
Obesity	1	85 (27.4)	123 (31.5)	0.245
Smoking	37	32 (8.2)	30 (9.7)	0.483
Physical inactivity	0	293 (74.7)	238 (76.8)	0.534
NYHA 2–4	7	118 (30.4)	20 (6.5)	<0.001
Hypertension	0	259 (66.1)	156 (50.3)	<0.001
Comorbidities and therapies				
Valvular disease	0	53 (13.5)	16 (5.2)	<0.001
Cancer	5	13 (3.3)	8 (2.6)	0.568
Thromboembolic complication	0	21 (5.4)	15 (4.8)	0.773
COPD	5	16 (4.1)	4 (1.3)	0.026
Coronary heart disease	26	25 (6.5)	18 (6.1)	0.824
Electric cardioversion	0	106 (27)	11 (3.6)	<0.001
Pharmacological cardioversion	0	13 (3.3)	18 (5.8)	0.111

For categorical variables, column percentages are reported (e.g. 29.6% of patients with persistent AF were women). Bold values indicate a *P* value < .25.

Persistent AF patients were more likely older, to have received an ECV in the past 12 months, to have hypertension, valve disease, and COPD. Risk of CHD in the family was a trait associated with paroxysmal patients. Forty-three patients had comorbid CHD, with no difference between the AF types. Patients under investigation were relatively healthy, with ~80% having no symptoms of heart failure.

Association of atrial fibrillation type and covariates with depressed mood and major depressive disorder—bivariate analysis

In the whole sample, 38.8% of patients experienced mild, 19% moderate, and 14.8% severe depressed mood. *Table 2* shows socio-demographic variables, clinical factors, and comorbidities stratified by depressed mood severity. As can be seen, NYHA class, AF symptom severity, hypertension, and cancer were significantly associated with depressed mood.

Persistent AF patients were more likely to suffer a more severe depressed mood state across the four possible classifications [OR = 1.69; 95% confidence interval (CI): 1.29–2.22]. Furthermore, frequencies of MDD were calculated. A total of 59 (8.4%) patients were diagnosed with MDD [10.5% of persistent patients; 5.8% of paroxysmal patients (OR = 1.89; 95% CI: 1.07–3.37)]. *Figure 2* shows

frequencies of depressed mood states and MDD, stratified by AF type and *P* values for associations of AF type with depressed mood using different cut-off points.

Association of atrial fibrillation type with depressed mood—multivariate analysis

Table 2 shows the values for the CIE of each covariate being added to the crude model. After backward selection, NYHA state met the criteria for inclusion as a confounder. One hundred and four patients with missing data were deleted for the purposes of the regression model. Excluded patients were less likely to have hypertension and hyperlipidaemia. No differences were found with regard to the remaining variables.

After controlling for potential confounders, persistent AF patients were significantly more likely to suffer a more severe state of depressed mood than paroxysmal patients in the crude model (OR = 1.63; 95% CI: 1.33–1.92, *P* = 0.001). The first confounder selection method included NYHA and pharmaceutical cardioversion as confounders and the second method selected NYHA only. In both models, the association between persistent AF and depressed mood severity remained significant (OR¹ = 1.44; 95% CI: 1.13–1.75, *P* = 0.007) (OR² = 1.44; 95% CI: 1.14–1.75, *P* = 0.007). *Figure 3* summarizes these results. Interaction terms were tested in

Table 2 Sociodemographic and clinical characteristics of the AF study population, stratified by severity of depressed mood (N = 702)

	Missing	None	Mild	Moderate	Severe	P	CIE
AF-type							
Persistent AF	0	49	51.8	63.4	69.2		
Paroxysmal AF	0	51	48.2	36.6	30.8	0.001	
Sex (female)	0	32.8	30.2	42.5	34.6	0.230	3.8
Age (median, IQR)	0	62.9 (10.9)	65.3 (14.9)	63.5 (14.6)	63.8 (12.2)	0.803	0.9
Unemployed	19	2.7	4.5	2.3	4	0.846	2.7
Clinical factors							
AF symptom severity (median, IQR)	257	17 (9.5)	21 (12)	26 (12)	26.5 (12.5)	<0.001	
Diabetes	0	7.8	8.8	9.7	11.5	0.278	1.3
LA dilated	17	50.5	34.5	37.1	28.9	0.091	8.6
Family CHD risk	128	29.1	20.2	28.5	23	0.590	9.7
Hyperlipidaemia	36	28.7	32.2	32.5	38	0.125	1.2
High alcohol consumption	0	77.6	74.6	70.2	74	0.273	0.1
Obesity	1	31.3	25.4	34.3	32	0.506	1.7
Smoking	37	7.3	8.8	9	11.5	0.247	1.7
Physical inactivity	0	75	71	81.3	81.7	0.060	1.1
NYHA 2–4	7	13	18.3	26	28.9	0.002	28
Hypertension	0	54.7	57	65	65.4	0.025	7.5
Comorbidities and therapies							
Valvular disease	0	11	7.7	8.2	15.4	0.361	0.5
Cancer	5	1.6	2.2	4.5	5.8	0.021	3.7
Thromboembolic complication	0	4.7	4.4	5.2	7.7	0.284	0.5
COPD	5	0.5	4.1	3	3.9	0.124	6.9
Coronary heart disease	26	4.4	5.3	9.9	8	0.073	5.6
Electric cardioversion	0	12.5	15.8	23.1	18.3	0.044	8.8
Pharmacological cardioversion	0	4.7	4	5.2	3.9	0.909	17.3

CIE, change in estimate: change in estimate of the association between AF type and depressed mood severity resulting from including the covariates into the crude model. For categorical variables, column percentages are reported (e.g. 49% of patients with no depressed mood had persistent AF). Bold values indicate a *P* value < .25.

the crude model for age, sex, and NYHA state. None of the interaction terms were significant (all *P* values > 0.66).

Discussion

Here, we report for the first time that depressed mood tends to be more severe in patients with persistent AF than in patients with paroxysmal AF. Specifically, persistent AF patients were more likely to report more severe states of depressed mood, as measured by a widely accepted and reproducible measure of depression,^{32–35} than paroxysmal patients in this study. Although it is unclear to what extent the patients' characteristics reflect those of all persistent and paroxysmal patients, various commonly used measures of disease severity, including symptom burden, could not explain the observed differences. This is the first study to show a significant difference in suffering from depressed mood and MDD between persistent and paroxysmal AF patients. However, although the present investigation takes into account one of the most extensive datasets to study mental health aspects in over 700 AF patients, further studies are needed to replicate these analyses and to further test the relationship between types of AF and their related characteristics

with longitudinal study designs. The present study adds to the findings of Peinado et al.,²¹ who showed that persistent and paroxysmal AF patients have significantly lower psychological HRQoL (as measured by the AF-QOL instrument) than permanent AF patients. That study did not find differences in depression between patients with persistent and paroxysmal AF, but the cohort size may not have been large enough. Dabrowski et al.¹² found no significant differences in depression levels between paroxysmal, persistent nor permanent AF patients. The findings of Peinado and Dabrowski, however, relied on notably smaller and less homogeneous populations (*n* = 341, *n* = 150, respectively).

The frequencies of MDD in this study population were alarmingly elevated in comparison with population-based estimates. Olsen et al.⁴³ calculated a prevalence of 3.3% for MDD (using the MDI scale) in Denmark. In an elderly, German, population-based study (including persons aged 60–85 years), Glaesmer et al.⁴⁴ estimated a prevalence of 6.6% for MDD (measured by the Patient Health Questionnaire). The questionnaires (MDI and PHQ-9) used in these studies ask for depressive symptoms in the past 2 weeks, as in the present analysis. In our population, 8.4% (± 2.5) of patients were diagnosed with MDD. Thus, this study adds to evidence that AF

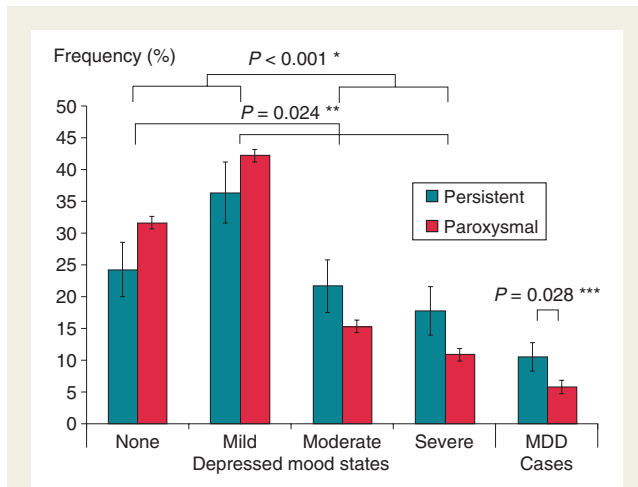


Figure 2 Prevalences of states of depressed mood severity and cases of MDD. **P* value for the association between AF type and none/mild vs. moderate/severe depressed mood. ***P* value for the association between AF type and none vs. mild/moderate/severe depressed mood. ****P* value for the association between AF type and MDD.

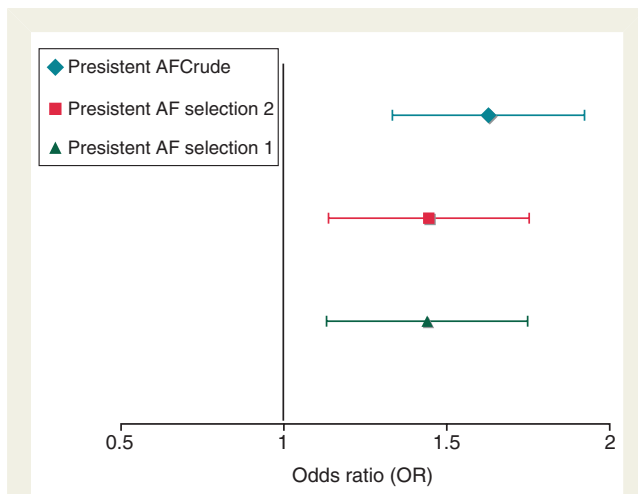


Figure 3 Odds ratios (OR) for the association of AF type with depressed mood severity in multivariate ordinal regression models. Odds ratios are shown for the crude model, and two models employing different confounder selection methods (1 = 10% method, 2 = backward selection method).

patients have significantly higher rates of depression than expected in general populations, as has been repeatedly shown to be the case with HRQoL.^{4–6,16,21}

The main result of the present analysis is at first glance slightly counterintuitive, as paroxysmal AF patients tend to be more symptomatic.²⁵ Hence, AF-related symptoms cannot fully explain depression in persistent AF patients, consistent with a prior review that suggests lower HRQoL in ‘asymptomatic’ AF.¹⁶ In the present analysis, it is unlikely that AF-related symptoms explain the difference in depressed mood severity, since the symptom burden was undistinguishable between the two patient groups.

Study limitations

The major strength of this study is the large sample size ($n = 702$) and the homogeneous setting of inclusion within the AFNET study umbrella. The cross-sectional nature of this study is a major limitation. Furthermore, a limitation is that only one patient type was available in each trial. Despite this, patients recruited by the AFNET for both the Flec-SL and ANTIPAF trial have been recruited from a range of clinical populations around Germany including both hospitals and clinics, thus increasing the generalizability in comparison with a host of other clinical studies. Identical enrolling centres and procedures for both trials make the two trials comparable and minimize potential centre effects. Nonetheless, some differences in inclusion and exclusion criteria do exist. For example, effective anticoagulation for 3 weeks or the exclusion of the presence of thrombi via transesophageal echocardiogram (TEE) was an inclusion criterion in Flec-SL only. Flec-SL also allows the inclusion of patients with a pacemaker. However, only two patients in the study population had any implanted pacemaker or defibrillator. Full details on the inclusion and exclusion criteria are available in Appendix C. The anticipation of cardioversion in persistent patients may also have affected their mood, although the MDI should represent chronic rather than acute conditions, and thus be robust against state-related adversities. No data were available on marriage status and financial stability. Data on treatment of patients with pharmacological therapies, which may influence mood were not available. The patients observed in the present study are relatively healthy; 80% of patients suffer no heart failure. Generalizability to patients with a greater burden of comorbidities may be limited.

Implications

The observed association of persistent AF with depression appears suggestive that the increased duration and regularity of being in arrhythmia is responsible for the association. However, symptom perception and perception of being in arrhythmia have been shown to be unrelated to device detected episodes.^{45–47} A plausible cause could be that persistent patients perceive themselves to have a more severe disease condition. It has been shown that patients, who report a good understanding of their illness have less negative emotions and fewer symptoms.⁴⁸

Evidence so far suggests that depression plays a role in mortality²⁶ in AF patients and risk for recurrence of AF after therapy.¹³ This is not surprising given the importance of depression in cardiovascular disease research.^{8,9} Lange and Herrmann-Lingen¹³ suggest that heightened adrenergic tone and pro-inflammatory states pose plausible mechanisms through which this takes place. Combined with the fact that this study and others confirm elevated levels of depression in AF patients, the importance of analysing depression specifically in AF research is highlighted.

Future aims

Future work should aim to further elucidate the predictors for depression in AF patients. In future studies, we aim to analyse the causation of the observed differences in depression risk.

Conclusions

Persistent AF patients may be more likely to suffer from more severe states of depressed mood than paroxysmal AF patients, after

adjustment for potential confounders. The observed differences are not explained by symptoms nor commonly measured clinical variables. Observed frequencies of MDD (i.e. clinically relevant) are elevated in comparison with various estimations of the prevalence of MDD in European countries.

Supplementary material

Supplementary material is available at *Europace* online.

Acknowledgements

All authors take responsibility for all aspects of the reliability and freedom from bias of the data presented and their discussed interpretation.

Funding

This work was supported by German Ministry of Research and Education (BMBF) through AFNET (German Network of Competence in Atrial Fibrillation; Grant 01GI0204; NCT 00098137). Homepage: (www.kompetenznetz-vorhofflimmern.de, info@kompetenznetz-vorhofflimmern.de).

References

- Go AS, Hylek EM, Phillips KA, Chang Y, Henault LE, Selby JV et al. Prevalence of diagnosed atrial fibrillation in adults: national implications for rhythm management and stroke prevention: the AnTicoagulation and Risk Factors in Atrial Fibrillation (ATRIA) Study. *JAMA* 2001;**285**:2370–5.
- Freestone B LG. *Epidemiology and Costs of Cardiac Arrhythmias*. Edinburgh: Mosby, 2003.
- Kannel WB, Wolf PA, Benjamin EJ, Levy D. Prevalence, incidence, prognosis, and predisposing conditions for atrial fibrillation: population-based estimates. *Am J Cardiol* 1998;**82**:2N–9N.
- Dorian P, Jung W, Newman D, Paquette M, Wood K, Ayers GM et al. The impairment of health-related quality of life in patients with intermittent atrial fibrillation: implications for the assessment of investigational therapy. *J Am Coll Cardiol* 2000;**36**:1303–9.
- Howes CJ, Reid MC, Brandt C, Luo B, Yerkey MW, Prasad B et al. Exercise tolerance and quality of life in elderly patients with chronic atrial fibrillation. *J Cardiovasc Pharmacol Ther* 2001;**6**:23–9.
- van den Berg MP, Hassink RJ, Tuinenburg AE, van Sonderen EF, Lefrandt JD, de Kam PJ et al. Quality of life in patients with paroxysmal atrial fibrillation and its predictors: importance of the autonomic nervous system. *Eur Heart J* 2001;**22**:247–53.
- Reinhold T, Rosenfeld S, Muller-Riemenschneider F, Willich SN, Meinertz T, Kirchhof P et al. [Patients suffering from atrial fibrillation in Germany. Characteristics, resource consumption and costs]. *Herz* 2012;**37**:534–42.
- Rozanski A. Integrating psychologic approaches into the behavioral management of cardiac patients. *Psychosom Med* 2005;**67**(Suppl 1):S67–73.
- Rozanski A, Blumenthal JA, Kaplan J. Impact of psychological factors on the pathogenesis of cardiovascular disease and implications for therapy. *Circulation* 1999;**99**:2192–217.
- McCabe PJ. Psychological distress in patients diagnosed with atrial fibrillation: the state of the science. *J Cardiovasc Nurs* 2010;**25**:40–51.
- Ariansen I, Dammen T, Abdelnoor M, Tveit A, Gjesdal K. Mental health and sleep in permanent atrial fibrillation patients from the general population. *Clin Cardiol* 2011;**34**:327–31.
- Dabrowski R, Smolis-Bak E, Kowalik I, Kazimierska B, Wojcicka M, Szwed H. Quality of life and depression in patients with different patterns of atrial fibrillation. *Kardiol Pol* 2010;**68**:1133–9.
- Lange HW, Herrmann-Lingen C. Depressive symptoms predict recurrence of atrial fibrillation after cardioversion. *J Psychosom Res* 2007;**63**:509–13.
- Thrall G, Lip GY, Carroll D, Lane D. Depression, anxiety, and quality of life in patients with atrial fibrillation. *Chest* 2007;**132**:1259–64.
- Ong L, Irvine J, Nolan R, Cribbie R, Harris L, Newman D et al. Gender differences and quality of life in atrial fibrillation: the mediating role of depression. *J Psychosom Res* 2006;**61**:769–74.
- Thrall G, Lane D, Carroll D, Lip GY. Quality of life in patients with atrial fibrillation: a systematic review. *Am J Med* 2006;**119**:448 e1–9.
- Prystowsky EN, Padanilam BJ. All's well that ends well, or is it? *J Am Coll Cardiol* 2010;**55**:2317–8.
- Kirchhof P, Bax J, Blomstrom-Lundquist C, Calkins H, Camm AJ, Cappato R et al. Early and comprehensive management of atrial fibrillation: proceedings from the 2nd AFNET/EHRA consensus conference on atrial fibrillation entitled 'research perspectives in atrial fibrillation'. *Europace* 2009;**11**:860–85.
- Calkins H, Kuck KH, Cappato R, Brugada R, Camm AJ, Chen SA et al. 2012 HRS/EHRA/ECAS Expert Consensus Statement on Catheter and Surgical Ablation of Atrial Fibrillation: recommendations for patient selection, procedural techniques, patient management and follow-up, definitions, endpoints, and research trial design. *Europace* 2012;**14**:528–606.
- Kirch W, Pittrow D, Bosch RF, Kohlhaussen A, Willich SN, Rosin L et al. [Health-related quality of life of patients with atrial fibrillation managed by cardiologists: MOVE study]. *Dtsch Med Wochenschr* 2010;**135**(Suppl 2):S26–32.
- Peinado R, Arribas F, Ormaetxe JM, Badia X. Variation in quality of life with type of atrial fibrillation. *Rev Esp Cardiol* 2010;**63**:1402–9.
- Van Breugel HN, Nieman FH, Accord RE, Van Mastrigt GA, Nijs JF, Severens JL et al. A prospective randomized multicenter comparison on health-related quality of life: the value of add-on arrhythmia surgery in patients with paroxysmal, permanent or persistent atrial fibrillation undergoing valvular and/or coronary bypass surgery. *J Cardiovasc Electrophysiol* 2010;**21**:511–20.
- Rizos T, Wagner A, Jenetzky E, Ringleb PA, Becker R, Hacke W et al. Paroxysmal atrial fibrillation is more prevalent than persistent atrial fibrillation in acute stroke and transient ischemic attack patients. *Cerebrovasc Dis* 2011;**32**:276–82.
- Dorian P, Guerra PG, Kerr CR, O'Donnell SS, Crystal E, Gillis AM et al. Validation of a new simple scale to measure symptoms in atrial fibrillation: the Canadian Cardiovascular Society Severity in Atrial Fibrillation scale. *Circ Arrhythm Electrophysiol* 2009;**2**:218–24.
- Nabauer M, Gerth A, Limbourg T, Schneider S, Oeff M, Kirchhof P et al. The Registry of the German Competence NETWORK on Atrial Fibrillation: patient characteristics and initial management. *Europace* 2009;**11**:423–34.
- Frasure-Smith N, Lesperance F, Habra M, Talajic M, Khairy P, Dorian P et al. Elevated depression symptoms predict long-term cardiovascular mortality in patients with atrial fibrillation and heart failure. *Circulation* 2009;**120**:134–40, 3p following 40.
- Ong L, Cribbie R, Harris L, Dorian P, Newman D, Mangat I et al. Psychological correlates of quality of life in atrial fibrillation. *Qual Life Res* 2006;**15**:1323–33.
- Goette A, Breithardt G, Fetsch T, Hanrath P, Klein HU, Lehmachner W et al. Angiotensin II Antagonist in Paroxysmal Atrial Fibrillation (ANTIPAF) trial: rationale and study design. *Clin Drug Investig* 2007;**27**:697–705.
- Goette A, Schon N, Kirchhof P, Breithardt G, Fetsch T, Hausler KG et al. Angiotensin II-Antagonist in Paroxysmal Atrial Fibrillation (ANTIPAF) trial. *Circ Arrhythm Electrophysiol* 2012;**5**:43–51.
- Kirchhof P, Fetsch T, Hanrath P, Meinertz T, Steinbeck G, Lehmachner W et al. Targeted pharmacological reversal of electrical remodeling after cardioversion—rationale and design of the Flecainide Short-Long (Flec-SL) trial. *Am Heart J* 2005;**150**:899.
- Kirchhof P, Andresen D, Bosch R, Borggrefe M, Meinertz T, Parade U et al. Short-term versus long-term antiarrhythmic drug treatment after cardioversion of atrial fibrillation (Flec-SL): a prospective, randomised, open-label, blinded endpoint assessment trial. *Lancet* 2012;**380**:238–46.
- Konstantinidis A, Martiny K, Bech P, Kasper S. A comparison of the Major Depression Inventory (MDI) and the Beck Depression Inventory (BDI) in severely depressed patients. *Int J Psychiatry Clin Pract* 2011;**15**:56–61.
- Cuijpers P, Dekker J, Noteboom A, Smits N, Peen J. Sensitivity and specificity of the Major Depression Inventory in outpatients. *BMC Psychiatry* 2007;**7**:39.
- Olsen LR, Jensen DV, Noerholm V, Martiny K, Bech P. The internal and external validity of the Major Depression Inventory in measuring severity of depressive states. *Psychol Med* 2003;**33**:351–6.
- Bech P, Rasmussen NA, Olsen LR, Noerholm V, Abildgaard W. The sensitivity and specificity of the Major Depression Inventory, using the Present State Examination as the index of diagnostic validity. *J Affect Disord* 2001;**66**:159–64.
- Camm AJ, Lip GY, De Caterina R, Savelieva I, Atar D, Hohnloser SH et al. 2012 focused update of the ESC Guidelines for the management of atrial fibrillation: an update of the 2010 ESC Guidelines for the management of atrial fibrillation—developed with the special contribution of the European Heart Rhythm Association. *Europace* 2012;**14**:1385–413.
- Kirchhof P, Auricchio A, Bax J, Crijns H, Camm J, Diener HC et al. Outcome parameters for trials in atrial fibrillation: recommendations from a consensus conference organized by the German Atrial Fibrillation Competence NETWORK and the European Heart Rhythm Association. *Europace* 2007;**9**:1006–23.
- Dorian P, Mangat I. Quality of life variables in the selection of rate versus rhythm control in patients with atrial fibrillation: observations from the Canadian Trial of Atrial Fibrillation. *Cardiac Electrophysiol Rev* 2003;**7**:276–9.
- Jenkins LS, Buben RS. Quality of life in patients with atrial fibrillation. *Cardiol Clin* 1996;**14**:597–606.
- Maldonado G, Greenland S. Simulation study of confounder-selection strategies. *Am J Epidemiol* 1993;**138**:923–36.

41. Vandenbroucke JP, von Elm E, Altman DG, Gotsche PC, Mulrow CD, Pocock SJ *et al*. Strengthening the Reporting of Observational Studies in Epidemiology (STROBE): explanation and elaboration. *Epidemiology* 2007;**18**:805–35.
42. von Elm E, Altman DG, Egger M, Pocock SJ, Gotsche PC, Vandenbroucke JP. The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) statement: guidelines for reporting observational studies. *J Clin Epidemiol* 2008;**61**:344–9.
43. Olsen LR, Mortensen EL, Bech P. Prevalence of major depression and stress indicators in the Danish general population. *Acta Psychiatr Scand* 2004;**109**:96–103.
44. Glaesmer H, Riedel-Heller S, Braehler E, Spangenberg L, Lupp M. Age- and gender-specific prevalence and risk factors for depressive symptoms in the elderly: a population-based study. *Int Psychogeriatr* 2011;**23**:1–7.
45. Gehi AK, Sears S, Goli N, Walker TJ, Chung E, Schwartz J *et al*. Psychopathology and symptoms of atrial fibrillation: implications for therapy. *J Cardiovasc Electrophysiol* 2012;**23**:473–8.
46. Mehall JR, Kohut RM Jr, Schneeberger EW, Merrill WH, Wolf RK. Absence of correlation between symptoms and rhythm in 'symptomatic' atrial fibrillation. *Ann Thorac Surg* 2007;**83**:2118–21.
47. Sears SF, Serber ER, Alvarez LG, Schwartzman DS, Hoyt RH, Ujhelyi MR. Understanding atrial symptom reports: objective versus subjective predictors. *Pacing Clin Electrophysiol* 2005;**28**:801–7.
48. McCabe PJ. What patients want and need to know about atrial fibrillation. *J Multidiscip Healthc* 2011;**4**:413–9.

EP CASE EXPRESS

doi:10.1093/europace/eut325

Online publish-ahead-of-print 24 October 2013

Adenosine reveals dormant conduction of an arrhythmogenic thoracic vein despite the absence of previous ablation

Patrizio Pascale*, Ashok J. Shah, and Sebastien Knecht

Hôpital Cardiologique du Haut-Lévêque and Université Victor Segalen Bordeaux II, LIRYC Institute, Avenue de Magellan, 33604 Bordeaux-Pessac, France

* Corresponding author. Tel: +41 795565194; fax: +41 213140013, Email: Patrizio.Pascale@chuv.ch

A 60-year-old man with paroxysmal atrial fibrillation (AF) underwent pulmonary vein (PV) isolation. Repeat procedure was performed due to immediate clinical recurrence. None of the previously isolated PVs were found to have reconnected. Adenosine challenge induced a burst of atrial tachycardia (AT) initiating a self-terminating episode of AF (Panel A). Based on the 12-lead electrocardiogram (ECG) morphology and after ruling out a left atrial origin, a focus arising from either the superior vena cava (SVC) or the high crista terminalis was suspected. At baseline, no potentials were recorded from the Lasso catheter positioned in the SVC. However, a repeated adenosine injection exposed a dormant conduction from the right atrium to the vein despite the absence of any previous ablation in that area (Panel B, black arrows). It triggered repetitive SVC ectopies (Panel C left, black stars), at times concealed, that reproduced the 12-lead ECG morphology of the AT initiating AF (Panel C right).

The present case thus further expands the field of application of adenosine challenge in patients with recurrent paroxysmal AF despite PV isolation. Until now, adenosine has been shown to restore dormant conduction of arrhythmogenic thoracic veins in the acute and, more recently, chronic post-ablation period. The present case demonstrates that adenosine can also provoke conduction in electrically silent connections between atrium and veins despite the absence of previous ablation.

This finding suggests that some venous muscular sleeves may spontaneously alternate between electrical quiescence and phases of recovered excitability leading to intermittent venoatrial conduction. This hypothesis is further substantiated by reports showing that the sites of PV conduction gaps observed during a third ablation procedure can differ from those observed during the second procedure.

The full-length version of this report can be viewed at: <http://www.escardio.org/communities/EHRA/publications/ep-case-reports/Documents/adenosine-reveals-dormant-conduction.pdf>.

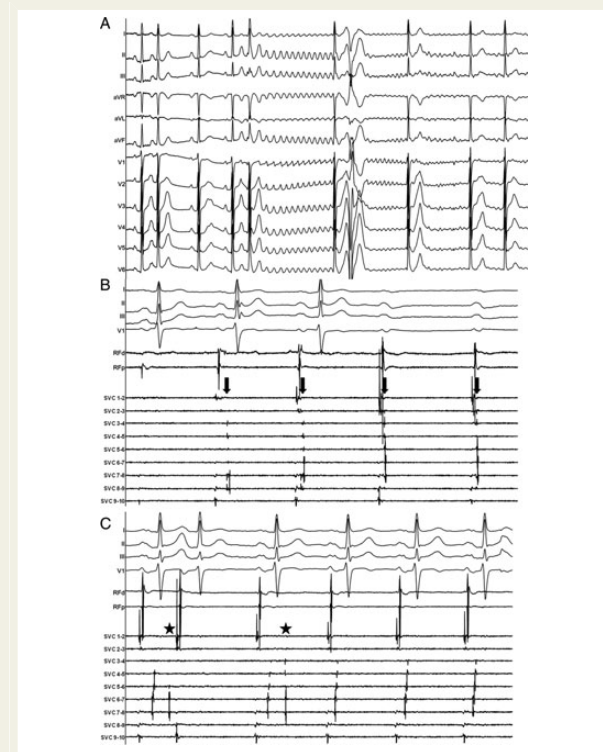


Figure 1 Figure 1. (A) 12-lead ECG of the adenosine-induced burst of atrial tachycardia initiating AF. (B, C) Intracardiac recordings after repeat adenosine injection (sweep speed 50 mm/sec). The Lasso catheter is positioned in the superior vena cava (SVC) and the ablation catheter (RF) on the upper part of the crista terminalis. A bolus injection of adenosine exposes a dormant conduction from the right atrium to the SVC (B, black arrows). It also results in the appearance of repetitive SVC ectopies, at times concealed, (C, left panel, black stars) reproducing the 12-lead ECG morphology of the atrial tachycardia initiating AF (C, right panel).