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3 Validation of the sensitive and accurate quantitation of
4 the fatty acid distribution in bovine milk

5 Nina Firl^{a,*}, Hermine Kienberger^a and Michael Rychlik^{b,*}

6
7 ^a *Bioanalytik Weihenstephan, Research Center for Nutrition and Food Sciences,*
8 *Technische Universität München, Alte Akademie 10, 85354 Freising, Germany.*

9 ^b *Chair of Analytical Food Chemistry, Technische Universität München, Alte*
10 *Akademie 10, 85354 Freising, Germany.*

11

12

13

14 * Corresponding Author:

15 Tel.: + 49 8161 71 3153, fax: + 49 8161 71 4216, *E-mail address:* nina.firl@tum.de.

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20

21 **Abstract**

22 A method for the precise analysis of the complex mixture of fatty acids in milk has
23 been developed and validated. The triacylglycerol of nonanoic acid was applied as
24 the internal standard (ISTD) for absolute quantification of fatty acids. Milk lipids were
25 extracted by miniaturized ultrasonication and methylated with trimethylsulfonium
26 hydroxide (TMSH), which has been proven to be rapid and effective. Resulting fatty
27 acid methyl esters (FAME) were determined by GC/FID with excellent resolution,
28 including separation of several 18:1 isomers. The low quantitation limit (0.01 mg mL^{-1}
29 milk) indicates that the sensitivity of the method is sufficient to quantify up to 50 fatty
30 acids, from 4:0 to 23:0. Measurements of precision provided excellent results for
31 different bovine milk samples of different fat content (COV of 1.9% and 9.8% for
32 intra- and interday precision, respectively). Recovery was on average $108 \pm 3.5\%$.
33 Evaluation of methods for determining the total fat content showed that gravimetry is
34 no longer needed when using the ISTD. In conclusion, the present method is
35 completely validated and readily applicable to the quantification of fatty acids in milk.

36 1. Introduction

37 Milk fat is characterized by high contents of saturated fatty acids (average 70%) and
38 only less than 5% polyunsaturated fatty acids (PUFA). In addition, bovine milk fat has
39 a very complex composition of fatty acids, as they are derived from both microbial
40 metabolism in the rumen, body storage, dietary fatty acids and *de novo* synthesis of
41 short-chain fatty acids. Fatty acid composition is furthermore affected by many
42 factors such as intrinsic (e.g., stage of lactation, breed or genotype) and extrinsic
43 ones (environmental factors like season and farming system or feeding factors).
44 Therefore, many approaches have been reported in the literature to modify the fatty
45 acid composition of milk fat with different types of forages or different feed-
46 supplements (Altenhofer, Spornkraft, Kienberger, Rychlik, Meyer & Viturro, 2013;
47 Ferlay, Glasser, Martin, Andueza & Chilliard, 2011; Kennelly, 1996; Kalac &
48 Samkova, 2010).

49 To evaluate these alterations and enhancements of the fatty acid composition,
50 methods to analyze the precise fatty acid composition are necessary. In this regard,
51 the challenge is the huge variety of fatty acid isomers and the varying amounts of
52 fatty acids, from major fatty acids like palmitic and oleic acid to minor fatty acids like
53 *trans* isomers, highly unsaturated fatty acids, conjugated linoleic acids (CLA) and
54 branched-chain fatty acids.

55 The most important analytical tool for fatty acid determination is gas chromatography,
56 which allows precise and reproducible determination of fatty acids and separation of
57 various individual isomers (Delmonte, Kia, Hu & Rader, 2009). There are standard
58 methods for fatty acid determination. One of the most frequently used official
59 methods, AOAC Official method 996.06, allows the determination of total, saturated
60 and unsaturated fat in different foods with the use of TG-11:0 as internal standard
61 (ISTD). However, samples which may contain *trans* fatty acids are explicitly excluded

62 from the measuring due to incomplete separation and identification and furthermore,
63 validation data is lacking (AOAC Official method 996.06, 1997).

64 Generally, either on-column or split/splitless injection is used. On the one hand, the
65 on-column technique is superior for high boiling compounds, which can be
66 discriminated in a split/splitless system, and for thermal unstable or volatile analytes,
67 because it avoids thermal degradation and discrimination of volatile substances. On
68 the other hand, there is a serious risk of column contamination. Therefore,
69 split/splitless injection with a liner that minimizes column contamination is the current
70 method of choice. New techniques like the temperature-programmed evaporation
71 (PTV) balance the discrimination between analytes with a wide range of boiling
72 points and those with high volatility (Hübschmann, 2009).

73 Gas chromatography is most conveniently coupled with flame ionization detection
74 (FID). As the detector response is proportional to the number of carbons in the fatty
75 acid chain, FID requires the use of response correction factors (Ackman, 1972).
76 These can be either theoretically calculated from the carbon number or
77 experimentally determined by measuring a fatty acid methyl ester (FAME) standard
78 mixture. In the method presented here, response factors were determined by
79 analyzing methylated mixtures of triacylglycerol (TG) standards to incorporate both
80 differences in the detector response and discriminations during the derivatization
81 procedure (Firl, Kienberger, Hauser & Rychlik, 2012). Derivatization is a critical
82 procedure for PUFA and especially for linoleic acid and CLA, as they are subject to
83 isomerization reactions. In this regard, differences between methylation methods are
84 observed, whereby base-catalyzed procedures are supposed to be milder, causing
85 less isomerization. Moreover, time and temperature can be influential (Collomb,
86 Schmid, Sieber, Wechsler & Ryhänen, 2006; Park et al., 2002; Yamasaki, Kishihara,
87 Ikeda, Sugano & Yamada, 1999). Trimethylsulfonium hydroxide (TMSH) is a base-

88 catalyzed methylation reagent, which was reported to generate no isomerization
89 products (Ishida, Wakamatsu, Yokoi, Ohtani & Tsuge, 1999). In the approach
90 presented here, the derivatization procedure for CLA in milk, which originated from
91 linoleic acid, was tested.

92 Generally, the focus of research has been the resolution of the complex fatty acid
93 spectrum and identification of numerous fatty acids in milk fat (Delmonte *et al.*, 2009,
94 Destailats & Cruz-Hernandez, 2007; Kramer, Blackadar & Zhou, 2002; Ledoux,
95 Laloux & Wolff, 2000). In contrast to this, the goal of the present study was the exact
96 quantification of specific fatty acids rather than the fatty acid pattern. There are few
97 publications that report on targeted analysis of fatty acids in dairy products. These
98 either focused on the quantitation of trans 18:1 isomers in milk powder and other
99 food matrices (Golay, Dionisi, Hug, Giuffrida & Destailats, 2006; Golay, Giuffrida,
100 Dionisi & Destailats, 2009), or validated a method for milk samples (Simionato *et al.*,
101 2010). However, these methods are not as accurately validated as the approach
102 presented. The whole extraction and derivatization process was subjected to a
103 thorough validation by using an appropriate ISTD, which was the TG of 9:0. This is
104 not done routinely, yet, and offers the benefit that the ISTD undergoes the same
105 clean-up and type of derivatization as the analytes. This standard was also used to
106 determine response factors for absolute quantitation of individual fatty acids. The
107 response factors consider the clean-up process as well and, therefore, losses of
108 individual fatty acids during clean-up process and GC measurement are included and
109 accounted for easily in the quantitation, which improves the accuracy of the method.
110 Furthermore a very detailed validation procedure, based on valid methods for
111 determining recovery and detection and quantification limits (DL and QL) was
112 performed. Recovery experiments have been done by spiking with several different
113 fatty acids (applied in form of the TG) and DL have been determined based on a

114 statistically valid method (Vogelgesang and Hädrich, 1998). In addition, different milk
115 types were included in the validation and the different behaviors during the clean-up
116 process were analyzed. This is also a new feature showing that the procedure is
117 valid for a high variety of milk samples.

118 **2. Materials and methods**

119 *2.1. Chemicals and samples*

120 For validation, different bovine milk types were used, depending on the particular
121 objective: Type A (UHT milk, 3.5% fat, commercial product from Germany); two
122 certified milk standards with defined fat content, 4.24% (type B) and 5.335% fat (type
123 C), respectively (QSE, Wolzach, Germany), and two milk samples from local
124 producers, type D (0.52% fat) and type E (4.46% fat). The following chemicals were
125 obtained commercially from the sources given in parentheses: methyl-*tert*-butyl-ether
126 (MTBE), chloroform, methanol and sodium chloride (Merck, Darmstadt, Germany);
127 TMSH (Machery and Nagel, Duren, Germany); butyric acid, trinonanoylglycerol,
128 tritridecanoylglycerol, trimyristoylglycerol, tripentadecanoylglycerol,
129 tripalmitoylglycerol, tripalmitoleoylglycerol, trioleoylglycerol, trilinoleoylglycerol
130 tritetracosenoylglycerol (trinervonylglycerol) (Sigma, Taufkirchen, Germany) and
131 sn 1,2-distearoyl-3-butyroylglycerol, tristearoylglycerol, trilinolenoylglycerol,
132 trieicosatetraenoylglycerol (triarachidonylglycerol) and tridocosahexaenoylglycerol
133 (LGC Standards, Wesel, Germany). The following standards and standard mixtures
134 were used for identification of FAME: Supelco 37 Component FAME Mix, vaccenic
135 acid, cis-9-decenoic acid methyl ester, palmitelaidic acid methyl ester, cis-12-
136 octadecenoic acid methyl ester, cis-13-octadecenoic acid methyl ester (Sigma,
137 Taufkirchen, Germany); cis/trans FAME Mix (Restek, Bellefonte, PA), branched-chain
138 FAME Mixtures BR 1 - 4 (Larodan, Malmö, Sweden), CLA (9c,11t) methyl ester, CLA
139 (10t,12c) methyl ester, and CLA (9c,11c) methyl ester (Biotrend, Cologne, Germany);
140 methyl docosapentaenoate (LGC Standrads, Wesel, Germany).

141 *2.2. Extraction of milk lipids*

142 Milk samples were frozen immediately after delivery and stored at -20°C until use.
143 For clean-up, samples were thawed in a water bath at 42°C for at least 40 min and

144 stirred cautiously to avoid frothing. Trinonanoylglycerol (1 mg in chloroform) was
145 added as ISTD to 1 mL homogenized milk sample. Lipid extraction was performed by
146 a modification of the methods of Folch *et al.* (Folch, Ascoli, Lees, Meath & Le Baron,
147 1951, Folch, Lees & Sloane Stanley, 1957), which was simplified by Hallermayer
148 (1976). Ten mL chloroform/methanol (1:2, v/v) were added and processed using an
149 ultrasound 'Sonotrode' (type UW 2070, Bandelin, Berlin, Germany) for 1 min at 40 Hz
150 at room temperature. After centrifugation (4000 g for 5 min at 4°C), the organic phase
151 was collected in a separating funnel. The residue was processed again, as detailed
152 before, for its complete extraction. Both organic supernatants were combined and
153 extracted with aqueous sodium chloride solution (14 mL, 0.1 mol L⁻¹). After phase
154 separation, the chloroform layer was drained and evaporated at 37°C under vacuum.
155 The lipid extract was dissolved in 1 mL MTBE. Of this solution, 100 µL were
156 methylated with 50 µL TMSH, vortexed and directly injected into the gas
157 chromatograph (GC).

158 2.3. Gas chromatographic analysis of FAME

159 FAME were resolved on a Hewlett Packard 6890 GC equipped with an Agilent 7683
160 autosampler and FID. A CP 7420 column (coating select FAME, 100% bonded
161 cyano-propyl-phase, 100 m × 0.25 mm) with 0.25 µm film thickness was applied
162 (Agilent Technologies, Boeblingen, Germany). The split/splitless injector was used
163 with split 50, and samples were injected at 60°C. Then, the oven temperature was
164 raised by 8°C min⁻¹ to 120°C and by 1.5°C min⁻¹ to 242°C. Finally, the temperature
165 was raised by 1°C min⁻¹ to 250°C as the final temperature. Total run time was
166 101 min, and injector and detector temperatures were 260°C and 270°C,
167 respectively. Hydrogen was used as carrier gas with a constant pressure of 1 bar and
168 Nitrogen was used as make up gas with a flow of 23 ml min⁻¹ (Westfalen, Muenster,
169 Germany). Peaks were identified by comparison of retention times with known FAME

170 standards. RF for the quantitation of individual fatty acids were determined by using
171 corresponding TG standards in appropriate mixtures, with TG-9:0 as ISTD, after
172 applying the derivatization procedure described above.

173 2.4. Method validation

174 Response factors for individual fatty acids were calculated by the formula given in
175 equation 1 from mixtures of TG [13:0, 14:0, 15:0, 16:0, 16:1 (9), 18:0, 18:1 (9), 18:2
176 (9,12), 18:3 (9,12,15), 20:4 (5,8,11,14) and 22:6 (4,7,10,13,16,19)] in chloroform,
177 which were prepared in quadruplicate in the amounts expected in 1 mL milk sample.
178 TG-9:0 was added as ISTD (1 mg) and the mixture processed and esterified as
179 described in Section 2.2. In addition, butyric acid (0.4 mg in chloroform) and TG-9:0
180 (0.1 mg in chloroform) were combined, evaporated, dissolved in 100 µL MTBE and
181 esterified as described in Section 2.2.

$$182 \text{ RF} = \frac{(A_{\text{Analyte}} \cdot c_{\text{ISTD}})}{(c_{\text{Analyte}} \cdot A_{\text{ISTD}})} \quad (1)$$

183 DL and QL were determined according to the method of Vogelgesang and Hädrich
184 (1998). Milk type C was spiked with TG-24:1 as the latter endogenously appears only
185 in negligible traces in milk. The spiking was carried out at four different concentration
186 levels (each in triplicate) starting slightly above the estimated DL and covering one
187 order of concentration magnitude. TG-9:0 was added as ISTD and samples prepared
188 as described above. Samples were run with split 10 and 30 in addition to split 50 to
189 check for optimization options. DL and QL were derived statistically from the resulting
190 regression line and the confidence interval according to the method of Vogelgesang
191 and Hädrich (1998).

192 Recovery was determined by analyzing milk samples (type A) in triplicate, which
193 were spiked with TG [13:0, 14:0, 15:0, 16:1 (9), 18:1 (9), 18:2 (9,12), 18:3 (9,12,15),
194 20:4 (5,8,11,14) and 22:6 (4,7,10,13,16,19)] and sn 1,2-distearoyl-3-butyroylglycerol
195 to approximately double the amount that is present in milk (except for minor fatty

196 acids, which were used in higher amounts). The recoveries were calculated from the
197 difference of spiked and unspiked milk as the mean of the addition experiments.
198 Recovery was also determined by analyzing different milk types (B, C, D and E) that
199 were spiked with TG-15:0, and TG-18:1. For all analyses, TG-9:0 was used as ISTD.
200 Determination of the total fat content was evaluated by comparison of gravimetry with
201 the determination by using TG-9:0 as ISTD. For this purpose, two milk samples with
202 defined fat content (type B and C) were analyzed in 6 replicates with both methods
203 as described above.

204 Intra-day precision was determined by analyzing one sample in 6 replicates within
205 one day. Inter-day precision was determined by analyzing two samples in 6
206 replicates during 4 weeks. Precision was determined for milk types B and C.

207 3. Results and discussion

208 A typical chromatogram of FAME from bovine milk using a 100 m highly polar
209 capillary column (CP 7420, Agilent Technologies) is shown in Fig. 1. Separation and
210 identification of over 50 different fatty acids was achieved, ranging from short-chain
211 (C4) to very long-chain (23:0) and highly unsaturated fatty acids (22:5n-3),
212 particularly including various branched-chain fatty acids, 18:1 isomers and CLA.

213 3.1. Screening for isomerization products

214 The derivatization of linoleic acid and CLA was screened for isomerization products
215 by comparing the CLA of a milk sample spiked with linoleic acid to those of an
216 unspiked milk.. As displayed in Fig. 2, no increase in CLA content could be detected.
217 By derivatizing a plain linoleic acid standard sample, the level of isomerization
218 products was less than 1%, which is within the range of the COV. Ishida et al. (1999)
219 previously tested TMSH for isomerization products of linoleic and linolenic acid and
220 achieved similar results, with only negligible formation of 18:2 and 18:3 isomers.
221 Time and temperature are crucial factors for isomerization. Accordingly,
222 tetramethylammonium hydroxide, which needs higher temperatures for the formation
223 of methyl esters than TMSH, leads to almost 35% isomerization products (Ishida et
224 al., 1999). Other derivatization methods, like use of BF₃ or acidic methanol, equally
225 promote isomerization and convert PUFA into isomerization products amounting to
226 36% of their precursors (Yamasaki et al., 1999, Chen, Cao, Gao, Yang & Chen,
227 2007). Methanolic potassium hydroxide, which is recommended by ISO (EN ISO
228 5509:2000), and sodium methoxide are other commonly used reagents for
229 methylation. Their advantage is that no losses of PUFA are observed. However, both
230 are not able to derivatize free fatty acids as they are only transmethylating reagents
231 and, like BF₃ and acidic methanol, the procedure is far more time consuming and
232 laborious than the TMSH procedure (Firl *et al.*, 2012, Chen *et al.*, 2007).

233 3.2. Determination of response factors

234 Results of response factors are shown in Table 1.; obviously, the response factors
235 are dependent on the number of double bonds and chain length, which is due to the
236 derivatization method. Losses of PUFA were previously reported during the
237 derivatization procedure with TMSH (Firl *et al.*, 2012, Ishida, Katagiri & Ohtani,
238 2009). The latter authors recovered about 70% of PUFA, which is consistent with the
239 results presented here. Butyric acid also has a very low response factor, which is due
240 to discrimination of this very short chain fatty acid in the GC injector as already
241 described in the DGF methods (Deutsche Gesellschaft für Fettwissenschaft e.V.,
242 2010). Valeric acid methyl ester, which is also very short-chained, has been
243 recommended as an ISTD, and should behave similar to butyric acid methyl ester in
244 the GC injector. However, as small coefficients of variation (COV) indicate that the
245 behavior of butyric acid during derivatization and GC measurement is constant, it
246 does not seem to be necessary to use an additional ISTD. Nevertheless, the clean-
247 up process for the determination of response factors was necessary to be considered
248 as the relatively short-chained TG-9:0 is subject to losses during work-up compared
249 to the endogenous TG being composed of mixed long-chained fatty acids. The
250 calculation of response factors would lead to too small response factors and,
251 therefore, result in too high results, if the clean-up would not be included..

252 3.3. Validation of the method

253 For validation of the method, DL and QL were determined following the procedure
254 detailed by Vogelgesang and Hädrich (1998). Accordingly, a DL of 0.007 mg mL^{-1}
255 and a QL of 0.01 mg mL^{-1} were determined for a split ratio of 50. These values could
256 not be optimized by decreasing the split ratio of the GC injection system. To the best
257 of our knowledge, DL and QL have never been determined for the whole extraction
258 procedure for FA determination in milk by spiking the matrix with a TG and

259 subsequent statistical calculations. Simionato *et al.* (2010) and Golay *et al.* (2006)
260 determined the signal to noise ratio (SNR) and estimated DL and QL from SNR
261 values of 3 and 10, respectively. These two groups obtained DL of 0.2 and 0.3 and
262 QL of 0.5 and 1 mg g⁻¹ fat, respectively, which is higher than the results presented
263 here (0.1 and 0.2 mg g⁻¹ fat, respectively).

264 Recovery was determined for various fatty acids, which were applied in the form of
265 the respective TG. Results are given in Table 2 and averaged at 108.5 ± 3.5%. All
266 recovery values were slightly above 100%. This could be due to the structure of the
267 ISTD, which is relatively short-chained. Even though the response factors went
268 through the same clean-up process, matrix effects might cause further discrimination.
269 As different milk types can behave quite differently during the clean-up process,
270 recovery experiments were performed with different milk types (Table 3). Recovery
271 ranged between 87 and 110%, and differences between the different milk types
272 become apparent in the varying COV from 1 to 15%. In particular, milk with higher fat
273 content and milk from local producers, which is not thoroughly homogenized, showed
274 higher variations. This underlines the assumption that matrix effects can cause
275 variations of recovery. However, all recovery values were in the range of 87 - 115%,
276 which shows the suitability of the method.

277 The total fat content was determined either by gravimetry, as applied by Iverson,
278 Lang, & Cooper (2001) e.g., or by using the ISTD TG-9:0 (Table 4). The mean values
279 were comparable for both milk samples. The differences in accuracy become
280 apparent when considering the variances and deviances. The absolute deviances of
281 the individual measurements from the declared fat content were significantly smaller
282 for the ISTD method ($p=0.02$). The gravimetric method shows a COV about 5 times
283 higher. Accordingly, even if the results appear to be similar in this case, the
284 alternative using an ISTD is considerably more precise than the gravimetric method,

285 which is in agreement with results published previously (Aued-Pimentel, Kus,
286 Kumagai, Ruvieri, & Zenebon, 2010).

287 Precision was determined for two milk types with different fat content (milk type B
288 and C); no differences in precision were observed between the samples.
289 Reproducibility within one day was very good for all fatty acids determined (Table 5)
290 with COV ranging between 0.3 and 10.8%. The mean was 1.6 and 2.1% for milk
291 types B and C, respectively. Intermediate precision showed slightly higher results,
292 with a mean COV of 9.8%, which is still excellent. The values ranged up to 20.8% for
293 lignoceric acid, which is a minor fatty acid.

294 Finally, milk type B and C were analyzed six times and the levels of fatty acids were
295 calculated (Table 5). Depending on the total fat content, a few fatty acids were below
296 DL. CLA (9t,11t) and (10t,12c) could not be detected in either milk sample. In milk
297 type B additionally, heneicosanoic acid was not detectable and eicosadienoic acid
298 was below QL. In milk type C, which had a higher fat content, only heneicosanoic
299 acid was detectable but below QL. However, around 50 fatty acids could be
300 separated and quantified in both milk samples. This included various 18:1 isomers,
301 many branched-chain fatty acids, and PUFA.

302 **4. Conclusion**

303 The thorough and successful validation of the GC methodology for quantitation of
304 fatty acids in cow milk underlines the complexity of the fatty acid distribution and the
305 value of this sensitive tool with high separation efficiency. To date, no other
306 methodology is able to resolve this high number of components from TG. The
307 determination of FAME in cow milk samples of different origin and consistency is
308 important in numerous studies in animal physiology (Cruz-Hernandez et al., 2007;
309 Ferley *et al.*, 2011; Kalac & Samkova, 2010; Khiaosa-ard, Klevenhusen, Soliva,
310 Kreuzer & Leiber, 2010; Kennelly, 1996), which demonstrates the necessity of this
311 kind of effective methodology. Therefore, GC of FAME will remain an important
312 technique in lipidomics.

313

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415 **Table 1.**

416 Response factors for fatty acids relative to nonanoic acid used as internal standard in form of its TG.

Fattyacid	4:0	13:0	14:0	15:0	16:0	16:1 n7	18:0	18:1 n9	18:2 n6	18:3 n3	20:4 n6	22:6 n3
RF	0.59	1.02	1.01	1.05	1.07	1.02	1.04	1.05	0.86	0.96	0.87	0.79
COV% ^a	1.31	1.07	1.24	1.80	1.93	0.96	1.18	1.82	1.16	2.15	2.33	2.78

417 RF, response factor; TG, triacylglycerol; ^a COV of triplicate determination as described in Section 2.4.

418 **Table 2.**

419 Recoveries (%) of fatty acids of lipid standards in spiked milk samples (n=4) ^a

Fatty Acid	Recovery	COV%
4:0	112.1	3.3
13:0	105.2	0.5
14:0	111.2	1.0
15:0	105.7	0.9
16:1 (9)	106.2	1.5
18:1 (9)	102.5	1.9
18:2 (9,12)	110.1	1.7
18:3 (9,12,15)	109.8	1.2
20:4 (5,8,11,14)	110.6	0.6
22:6 (4,7,10,13,16,19)	115.0	0.3

420 ^a Determined in spiking experiments at milk concentration of the respective fatty acids as described in Section
421 2.4.

422 **Table 3.**

423 Recoveries (%) of fatty acids of TG standards in spiked milk samples (n=3) with different fat contents ^a

Milk type (% fat)	15:0	COV (%)	18:1 (9)	COV (%)
A (3.5)	105.7	0.9	102.5	1.9
B (4.24)	103.6	3.2	102.9	4.4
C (5.334)	101.7	3.6	93.6	9.9
D (0.52)	104.0	2.5	110.3	1.5
E (4.46)	99.1	4.0	87.4	15.3

424 ^a Determined in spiking experiments at milk concentration of the respective fatty acids as described in Section

425 2.4. Milk types are defined in Section 2.1. TG, triacylglycerol.

426 **Table 4.**

427 Comparison of measured fat contents of milk samples by the gravimetric and the ISTD-methods ^a

	Milktype B			Milktype C		
	fat content %	COV ^b %	absolute deviance ^c	fat content %	COV ^b %	absolute deviance ^c
Gravimetric method	4.18	13.55	0.5	5.20	8.82	0.4
ISTD method	4.25	2.54	0.1	5.15	2.17	0.2

428 ^a determined as described in Section 2.4; ^b of six replicate determinations; ^c mean of absolute deviances of all six
429 determinations; milk types are defined in Section 2.1.

430 **Table 5.**431 Fatty acid contents in different milks as well as reproducibility and intermediate precision (%) of their
432 measurement ^a

Fatty acid	Non-systematic name	QSE milk A			QSE milk B			Inter- mediate precision ^b
		mg mL ⁻¹	COV %	g 100g ⁻¹ fat	mg mL ⁻¹	COV %	g 100g ⁻¹ fat	
4:0	butric acid	2.03	1.25	4.33	2.36	1.64	4.22	9.22
6:0	caproic acid	0.83	0.55	1.76	1.02	1.12	1.82	7.85
8:0	caprylic acid	0.53	0.88	1.13	0.67	0.48	1.20	6.95
10:0	capric acid	1.26	0.32	2.69	1.64	0.65	2.93	6.32
10:1 (9)		0.12	1.39	0.25	0.15	1.38	0.26	7.30
11:0		0.02	1.49	0.04	0.03	6.00	0.06	10.58
12:0	lauric acid	1.54	0.70	3.28	2.01	0.54	3.59	5.99
12:1 (5)	lauroleic acid	0.03	4.32	0.06	0.04	1.99	0.07	10.84
13:0 (anteiso)		0.02	3.10	0.04	0.03	0.70	0.05	8.40
13:0		0.04	2.15	0.09	0.06	1.26	0.10	9.13
14:0 (iso)		0.05	2.99	0.11	0.06	2.58	0.11	10.71
14:0	myristic acid	5.53	0.31	11.82	6.86	0.86	12.23	5.31
15:0 (iso)		0.09	1.38	0.19	0.10	2.13	0.18	9.42
14:1 (9)	myristoleic acid	0.42	0.93	0.91	0.51	1.63	0.90	5.61
15:0 (anteiso)		0.20	1.20	0.42	0.21	2.23	0.38	7.32
15:0		0.51	0.75	1.08	0.61	0.70	1.08	5.69
16:0 (iso)		0.14	0.80	0.30	0.16	0.70	0.28	10.72
16:0	palmitic acid	14.90	0.30	31.85	18.09	0.91	32.27	5.64
16:1 (trans 9)	palmitelaidic acid	0.02	3.61	0.05	0.02	3.00	0.04	10.97
16:1 (9)	palmitoleic acid	0.80	0.33	1.72	0.90	0.91	1.61	5.98
17:0 (iso)		0.14	2.02	0.30	0.17	1.11	0.30	9.14
17:0 (anteiso)		0.20	0.87	0.43	0.23	0.38	0.40	10.38
17:0		0.27	1.66	0.58	0.30	0.84	0.54	7.99
17:1 (9)		0.13	2.47	0.29	0.14	1.56	0.24	7.39
18:0 (iso)		0.03	0.93	0.06	0.03	3.64	0.05	11.32
18:0	stearic acid	4.36	0.52	9.32	5.38	0.91	9.60	6.40
18:1 (trans 6)		0.08	0.55	0.18	0.10	2.19	0.18	
18:1 (trans 9)	elaidic acid	0.09	1.59	0.19	0.08	1.88	0.15	12.71
18:1 (trans 10)		0.09	1.87	0.19	0.12	2.71	0.21	12.51
18:1 (trans 11)	vaccenic acid	0.45	1.02	0.96	0.46	1.56	0.82	7.21
18:1 (9)	oleic acid	9.89	0.36	21.13	11.00	0.95	19.62	6.64
18:1 (11)	cis-vaccenic acid	0.27	0.71	0.57	0.29	1.06	0.52	8.90
18:1 (12)		0.08	2.32	0.17	0.11	2.08	0.20	10.24
18:1 (13)		0.04	0.40	0.09	0.05	1.53	0.09	12.82
18:2 (9,12)	linoleic acid	0.78	0.83	1.66	1.10	0.88	1.96	6.82
18:3 (6,9,12)	γ-linolenic acid	0.01	3.97	0.03	0.02	6.26	0.04	15.14
18:3 (9,12,15)	linolenic acid	0.26	0.85	0.55	0.31	0.74	0.55	7.75
20:0	arachidic acid	0.06	1.31	0.13	0.07	1.00	0.13	11.05
CLA (9c,11t)		0.26	1.18	0.55	0.26	1.39	0.47	7.55
CLA (10t,12c)		n.d.			n.d.			
CLA (9t,11t)		n.d.			n.d.			
20:1 (11)		0.02	2.70	0.03	0.02	0.83	0.04	11.46
21:0		n.d.			n.q.			
20:2 (11,14)		n.q.			0.01	10.80	0.02	
20:3 (8,11,14)		0.03	1.91	0.06	0.04	2.56	0.08	9.17
20:4 (5,8,11,14)	arachidonic acid	0.05	1.32	0.11	0.07	1.17	0.12	9.87
22:0	behenic acid	0.02	1.95	0.03	0.02	6.27	0.04	14.07
22:1 (13)	erucic acid	0.02	1.92	0.04	0.02	4.51	0.04	17.61
20:5 (5,8,11,14,17)		0.03	1.24	0.06	0.03	3.24	0.06	13.33
22:2 (13,16)		0.01	7.59	0.02	0.01	6.28	0.02	15.29
24:0	lignoceric acid	0.02	1.80	0.04	0.02	1.07	0.04	20.76
22:5 (7,10,13,16,19)		0.05	2.50	0.11	0.05	1.20	0.10	11.68

433 ^a determined as described in Section 2.2 and Section 2.3; ^b determined for milk type B; n.q., below QL, n.d. below
434 DL

435 **Figurelegends**

436 **Fig. 1** Typical chromatogram of milk lipid FAME (milk type A).

437 (1) butyric acid, (2) caproic acid, (3) caprylic acid, (4) nonanoic acid (ISTD), (5) capric
438 acid, (6) decenoic acid, (7) undecanoic acid, (8) TMSH, (9) lauric acid, (10) lauroleic
439 acid, (11) anteiso-tridecanoic acid, (12) tridecanoic acid, (13) iso-myristic acid, (14)
440 myristic acid, (15) iso-pentadecanoic acid, (16) myristoleic acid, (17) anteiso-
441 pentadecanoic acid, (18) pentadecanoic acid, (19) iso-palmitic acid, (20) palmitic
442 acid, (21) palmitelaidic acid, (22) palmitoleic acid, (23) iso-heptadecanoic acid, (24)
443 anteiso-heptadecanoic acid, (25) heptadecanoic acid, (26) heptadecenoic acid, (27)
444 iso-stearic acid, (28) stearic acid, (29) 9t-octadecenoic acid, (30) 10t-octadecenoic
445 acid, (31) 11t-octadecenoic acid, (32) 9c-octadecenoic acid , (33) 11c-octadecenoic
446 acid, (34) 12c-octadecenoic acid, (35) 13c-octadecenoic acid, (36) linoleic acid, (37)
447 γ -linoleinic acid, (38) linolenic acid, (39) arachidic acid, (40) 9c11t-CLA, (41) 10c12t-
448 CLA, (42) eicosenoic acid, (43) 9t11t-CLA, (44) heneicosanoic acid, (45)
449 eicosadienoic acid, (46) eicosatrienoic acid, (47) arachidonic acid, (48) behenic acid,
450 (49) erucic acid, (50) eicosapentaenoic acid, (51) docosadienoic acid, (52) lignoceric
451 acid, (53) docosapentaenoic acid. See also Table 5 for specifications.

452

453 **Fig. 2** Formation of CLA from linoleic acid during the derivatization process.

454 (36) linoleic acid, (38) linolenic acid, (40, 41 and 43) CLA; black line – unspiked milk
455 sample; grey line - milk sample spiked with linoleic and linolenic acid as described
456 in section 2.4 (milk type A).